

Race Nº 3 – Lolo Lift-Off

Lolo

Coulter Pine Road Lolo, MT 59847

Saturday, September 21st, 9:30 AM

Course Description

The Lolo race features primo trails on an amazing piece of private land. Expect a good bit of climbing, but you'll be rewarded with flowing descents and great views. The course is 3.3 miles with ~400 feet of climbing

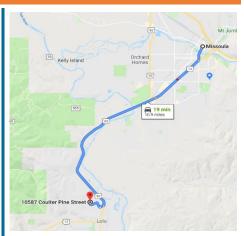
Strava Course Map | Download GPX File

Pre-Ride

The course will be open for pre-ride Friday afternoon (4:30-7:00 PM) and Saturday morning (8:00-9:00 AM). We strongly recommend that all racers pre-ride the course and bring a map, plenty of water, cell phone, and not ride alone. Please pass course workers with great care and stay off the course outside of the above times. Only registered riders, coaches, and staff allowed on the course. No unregistered parent/siblings allowed on course during pre-ride.

Volunteer at Our Races

Volunteers are the backbone of our league and make our events possible. Please consider volunteering at this race, we are confident you'll love it, money-back guarantee! We will need volunteers for both Friday and Saturday. **Sign up <u>HERE</u>!** If you have any volunteering-related questions, please contact our Volunteer Coordinators, Cindy Schultz and Emily Musco at <u>volunteer@montanamtb.org</u>.



2019

Directions (from Missoula) (<u>Click for link</u>)

- Access to race venue passes through a residential area. Please observe 25 mph speed limit. Some neighbors are very sensitive about event traffic.
- Head south on HWY 93.
- Take a right on Ridgeway Drive (first stop light in Lolo)
- Quickly take your first right onto Coulter Pine St.
- Follow along Coulter Pine for six tenths of a mile, then turn right onto Bristle Cone Pine.
- You will drive through a gate and into a field where the parking and Pit Zone will be.

2019 Racing Fees

	High School	Middle School	Late Fee at Race*
League Registration Fee (annual)	\$95	\$95	\$10
Race Entry Fee (per race)	\$35	\$25	\$10

* Online pre-registration closes at 11:59 PM on the Tuesday before the race. After Tuesday, you will have to register at the race and pay the late fee. **Scholarships are available**, for more information email sam@montanamtb.com

Waves, Start Times, Laps & Distance

	Staging			Approx.	Approx.
Category (Plate Color)	Time	Start Time	Laps	Miles	Race Times
Middle Sch. Boys Grade 8	9:15 am	9:30 am	2	6.6	<50 min
(orange, #'s 3000-3059)		5.50 am	2	0.0	
Middle Sch. Boys Grade 7	9:15 am	9:31:30 am	2	6.6	<50 min
(green, #'s 2000-2049)	0.45				
Middle Sch. Boys Grade 6 (dark blue, #'s 1000-1044)	9:15 am	9:33 am	2	6.6	<50 min
Varsity Girls	10:35 am				90-120 min
(pink, #'s 1-10)	10.55 am	10:45 am	4	13.2	50 120 1111
JV Girls	10:35 am	10.46.20	2	0.0	60-100 min
(purple, #'s 100-119)		10:46:30 am	3	9.9	
Sophomore Girls	10:35 am	10:48 am	3	9.9	45-90 min
(light blue, #'s 400-419)		10.46 am	5	9.9	
Freshman Girls	10:35 am	10:49:30 am	3	9.9	45-90 min
(red, #'s 700-719)		10.49.30 am	5	5.5	
Middle Sch. Girls Grade 8	10:35 am	10:51 am	2	6.6	<50 min
(orange, #'s 6000-6019)		10.51 am	2	0.0	
Middle Sch. Girls Grade 7	10:35 am	10:52:30 am	2	6.6	<50 min
(green, #'s 5000-5024)		10.52.50 am	2	0.0	
Middle Sch. Girls Grade 6	10:35 am	10:54 am	2	6.6	<50 min
(dark blue, #'s 4000-4029)		10.54 am	2	0.0	
Varsity Boys	12:50 am	1:00 pm	5	16.5	90-120
(pink, #'s 50-59)		1.00 pm	5	10.5	
JV Boys	12:50 am	1:01:30 pm	4	13.2	60-100 min
(purple, #'s 300-319)		1.01.30 pm	-	15.2	
Sophomore Boys	12:50 am	1:03 pm	3	9.9	45-90 min
(light blue, #'s 500-529)		1.05 pm	5	5.5	
Freshman Boys	12:50 am	1:04:30 pm	3	9.9	45-90 min
(red, #'s 900-957)		1.04.30 pm	5	5.5	

*Note: final lap count decision per category will be finalized and confirmed at the start of each race in addition to any time cutoffs.

Chip Timing

All racers will receive a permanent number plate with chip timing transponder on the backside. Racers will use this plate for all four races, so please remove this number plate before mounting the bike on a roof rack to prevent loss. **Replacement number plates will be available at the registration tent for \$20**.

Petitions for Category Placement

Those petitioning for exceptions to the category placement must do so by Friday, September 13th at 5:00 PM. <u>Petitions forms</u> must be emailed to Coach Supporter, Doug Simpson (doug@montanamtb.org). Race day petitions will not be entertained.

Registration Information – Plate Pick-up

Friday 9/20, 3:00 – 7:00 PM | Saturday 9/21, 8:00 – 11:00 AM

Onsite registration will be open on Friday 3:00 - 7:30 PM and Saturday 8:00 – 11:00 AM. Students who do not have a plate can check in with registration after speaking to their head coach. These chip timing number plates will be used for the entire season, please do not lose them. Reminder: double check that you are registered and *Race Ready* in the NICA Pit Zone before online registration closes. Onsite registration hours will cater to anyone who is not Race Ready and has not paid their registration fee online.

Online registration closes on Tuesday, September 17th at 11:59 PM.

Please note: onsite registration will result in late fees of \$10 for League Registration and \$10 for Race Registration. Again, racers will be using their number plate for the entire season; replacement number plates are available at Registration for \$20.

Race Weekend Schedule:

Friday, September 20th:

9:300 am: Core Race Staff Arrives

10:30 am: Volunteer Shifts Begin

2:30 pm: Team Pit Zone Opens

3:00 pm: Registration Opens

4:30 pm: Pre-ride Begins (Everyone on course must be registered and have a number plate on bike)

6:15 pm: GRiT (Girls Riding Together) Pre-ride

7:00 pm: Pre-ride and Registration Closed

In order to race you must meet *Race Ready* status!

Race Ready Checklist:

- ✓ Pit Zone profile completed
- ✓ Waivers electronically signed in the Pit Zone
- ✓ League & race registration fees paid

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Saturday, September 21st:

- 8:00 am: Check-in, Late Registration and Pre-Ride Opens
- 8:30 am: Coaches Meeting (mandatory attendance for 1 coach representative from each team)
- 9:00 am: Pre-ride Closed
- 9:30 am: Racing Begins! (See detailed start schedule above for category start times)
- 11:00 am: Check-in and Late Registration Closed
- 2:45 pm: Racing Concludes
- 3:00 pm: Pit Zone Break Down Begins
- 3:30 pm: Awards

Other Important Notes

- Racers and coaches- please show up at the Lolo course with a clean bike. Mud can carry weed seeds and the property owner works hard to keep his property clear of invasive weeds.
- Vehicles are only allowed in the team pit and infield areas to unload during designated pit zone setup times: open to teams from 2:30-6:30 pm on Friday.
- ✓ All participants will be expected to help with course takedown and awards will not begin until after takedown is completed.
- ✓ Pit Zone will open to vehicles for loading after awards.
- ✓ No smoking.
- ✓ No inappropriate language.
- ✓ Any conflicts and/or disputes with any race official or volunteer shall not be dealt with in the team pit area.
- ✓ All bikes must be walked in Pit Zone area.
- ✓ Helmets must be worn at all times while riding
- ✓ Any violation of the above rules may result in a team penalty and/or expulsion from the team pit and infield area.
- ✓ No gasoline generators and no open fires inside the team pit areas, charcoal grills included.
- ✓ Keep dogs on leashes at all times and clean up after your dogs.
- ✓ Please pack out what you pack in. No garbage receptacles will be provided.
- ✓ Food trucks will be on-site starting mid-day on Saturday.
- ✓ Potable water is available on-site, but from a single spigot and not convenient to camping or pit zone. Recommend that you bring water and plan to use the local source to supplement as needed.
- ✓ Review our Refund and Weather Policy <u>HERE</u>.
- ✓ All racing will be governed by the <u>NICA Rulebook.</u>
- ✓ We hope all racers and their families will stay after the race for the award ceremony!

Contacts

League Director Sam Schultz sam@montanamtb.org

Volunteer Coordinator Cindy Schultz and Emily Musco volunteer@montanamtb.org

Chief of Registration Molly Bowman register@montanamtb.org

Chief of Scoring Jim Nallick scorekeeper@montanamtb.org

Additional Lolo Information

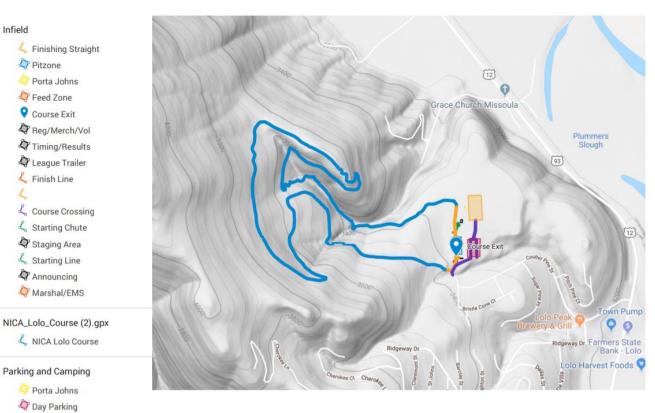
Overnight Camping Authorized on Friday!

The Montana League encourages racers, coaches, and parents to camp out! Thanks to the amazing local land owners, Dick and Bobbie Rossignol, rustic overnight camping will be offered on Friday night. Some guidelines:

- ✓ Parental supervision required, no exceptions. Coaches are responsible for their students during practices and pre-rides, the league is responsible for a safe and fun race experience, but neither can provide supervision outside of these times.
- ✓ Camp sites are rustic/unimproved, and first come-first served. No hookups available for RV's.
- ✓ Generators are allowed in camping area but must be shut off by 8 pm.
- ✓ Pack in/pack out trash *no trash service provided.
- ✓ Outhouses will be provided.
- ✓ No open fires allowed, charcoal grills included.
- ✓ Propane grills in camp area are OK.
- ✓ No camping Saturday night—plenty of campgrounds close by!

Lolo Course

Rv/Tent Camping Zone
Logical Driveway for vehicles



Click on map for interactive view!

Lolo Lift-Off

LEAGUE SPONSORS



The Montana Interscholastic Cycling League is a Project League of the National Interscholastic Cycling Association, a 501(c)(3) non-profit youth development organization, guided by the core values of fun, inclusivity, equity, respect and community. The league promotes interscholastic



mountain bike racing, provides training and education to new teams and coaches, and offers a comprehensive infrastructure to grow youth cycling in a professional, safe and engaging manner.